



Do you have a loved one diagnosed with Alzheimer's?

Having a loved one diagnosed with Alzheimer's, a disease that affects 1 in 10 Americans age 65 and older, can be a difficult and confusing time for the individual as well as family members. Be assured that Health Advocate's experts can help you navigate the challenges every step of the way.



Address Healthcare and insurance-related issues

- **Answer questions** about Alzheimer's diagnosis, tests, and the latest treatments, including medications
- **Find the right doctors**, specialists and hospitals and other healthcare providers including dentists, physical therapists, and nursing support services
- **Schedule appointments**; prepare for doctor visits; explain doctor's instructions
- **Resolve claims** and billing issues, review charges
- **Help with Medicare and Medicaid**, coverage, plan comparisons, transitioning from previous plans
- **Research coverage for specific medications**, private pay options for companion care, coverage for specialists or tests
- **Locate cost-saving prescription options** like generic alternatives and mail-order programs
- **Coordinate services** related to all aspects of care



Provide emotional support and resources

- **Provide confidential counseling** for dealing with dementia, depression, grief, bereavement
- **Offer family counseling** and coping strategies for caregiving stress
- **Help individuals and their families** transitioning to new living situations
- **Find in-home care**, respite care, adult daycare, assisted living/long-term care facilities with memory care units, hospice care, as well as meal delivery and transportation services to/from appointments
- **Find community support groups** for the family
- Connect to legal and financial specialists
- **Provide referrals** for in-depth, long-term counseling or specialized care, if needed



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