



SUPPORT FOR THOSE WHO **HELP OTHERS**

When you're dedicating time and energy to provide care for another, sometimes you could use some extra support. Solutions for Caregivers from UnitedHealthcare® can help. At no additional cost, our services can help support you if you care for others.

- ✓ **Professional care manager**
Get helpful advice and decision-making support from someone who understands the rewards and challenges of being a caregiver.
- ✓ **Personalized care plans**
The Solutions for Caregivers care manager will provide recommendations on resources to help all involved.
- ✓ **On-site assessments**
Have a registered nurse perform an in-person assessment of your situation.
- ✓ **Coordination of services**
Get assistance to find services and programs to help meet your needs.

Note: The Solutions for Caregivers program is not a care provider, it offers resources and coordination. This program does not pay for any services or support. Coverage for in-home care, supportive services, or medical treatments depend on your medical plan. Any care providers found through Solutions for Caregivers are not employees of UnitedHealthcare.

Do you need extra help?

If you find yourself asking the questions below, Solutions for Caregivers could help you get answers.

- What services does my loved one need?
- Can I get help to pay for services?
- What's covered under my loved ones health care plan?
- What community resources are available to me?
- Is there help for someone in my situation?
- Is my loved one safe in their home?

Call Solutions for Caregivers at 1-866-463-5337, TTY 711, 7 a.m. – 5 p.m. CT, Monday – Friday, to learn more about the support available to you.