

# Healthcare from the break room, living room or **anywhere else**

Access your healthcare by  
phone, video or app.



## General Medical (24/7 Care)

Need care for non-urgent and common conditions? Get same-day appointments with a certified clinician from wherever you are. Our clinicians diagnose, treat and even prescribe medicine if needed.

- Allergies
- Rashes
- Bronchitis
- Sinus infections
- Flu
- Sore throats
- COVID-19
- And more
- Pink eye

**free/visit for PPO plan members**  
**\$56 or less for HDHP plan members**

## Mental Health

Have real conversations and see progress with a therapist or psychiatrist of your choice. Available 7 days a week from the privacy of your own home.

- Anxiety and depression
- Sleep issues
- Relationship conflicts
- Trauma and PTSD
- Medication management

**Therapist \$90 or less/visit**  
**Psychiatrist \$215 or less/first visit**  
**Psychiatrist \$100 or less/ongoing visits**

## Dermatology

Dealing with a skin issue? Start an online skin review with a dermatologist by uploading images and details of your concern. Get a treatment plan and prescription if needed in 24 hours or less.

- Acne
- Eczema
- Psoriasis
- Skin infections
- Rashes
- Rosacea

**\$85 or less/online review**

## Activate your benefit and schedule your visit today

Visit [Teladoc.com/Aetna](https://Teladoc.com/Aetna) | Call 1-855-TELADOC (835-2362) | Download the app  | 