

## Inframark Route 66 Company Challenge Registration Process





# **Inframark Route 66 Step Challenge**



Get ready to roll along the historic Route 66. Track your physical activity (any movement counts) to move west until you reach the Pacific Ocean. This challenge is meant to be fun and inspire more movement throughout your day!

## **Registration open June 3<sup>rd</sup> through June 21<sup>st</sup>!**

Challenge Starts: June 17, 2024 Challenge End: July 14, 2024 Deadline to enter activity: July 16, 2024

Weekly Raffle	Meet the step goals to be entered into the weekly Visa* gift card raffle! Week 1 step goal = 52,500 Week 2 step goal= 105,000 Week 3 step goal= 157,500 Week 4 step goal= 210,000
Earn 50 Points	Track <b>210,000+ steps</b> before the end of the 4-week challenge to <b>earn 50 points/\$50</b> towards the Wellness Incentive Program!
Grand Prizes	<b>Top 5 steppers</b> to be awarded a Visa* gift card!

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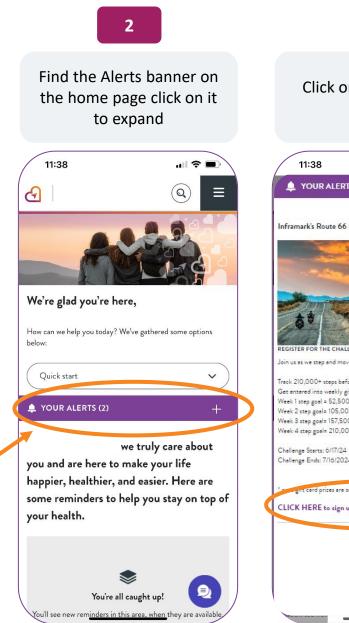
- Visit HealthAdvocate.com/Inframark or download the Health Advocate mobile app
- If you are asked to choose your organization, start typing in Inframark and click on the one that pops up
- Log In to your account or click on Register Now if you are a first-time user

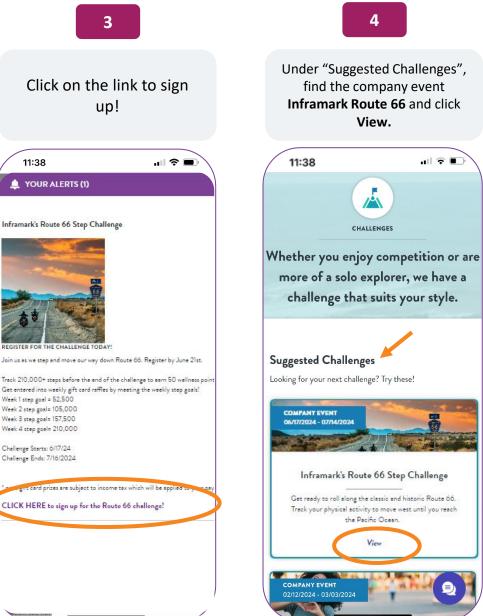


	Change Organization	
HealthAdvocate <sup>®</sup>	HealthAdva	ocate"
Enter Your Organization	<b>⊘INFRAMA</b>	RK
Inframark Inframark Other	Log In User Name Password	
l don't see my organization above.	<ul> <li>✓ This is private device, remember</li> <li>✓ Use Biometric Log In</li> </ul>	r me.
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	Need to set up your account?	Register now
	Browse resources that do not req Visit EAP: Life & Wo	
re not an insurance company.Health Advocate is not a direct	🕊 Call 🔰 🖂 E	mail

Need support or have questions? Call **855.424.6400** for personalized assistance

## Joining the Challenge

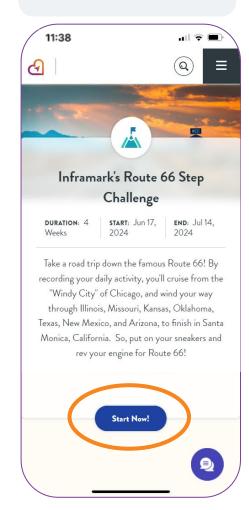




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Read through the challenge details and click on Start Now!

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Need support or have questions? Call 855.424.6400 for personalized assistance

### Joining the Challenge and Participating

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Submit

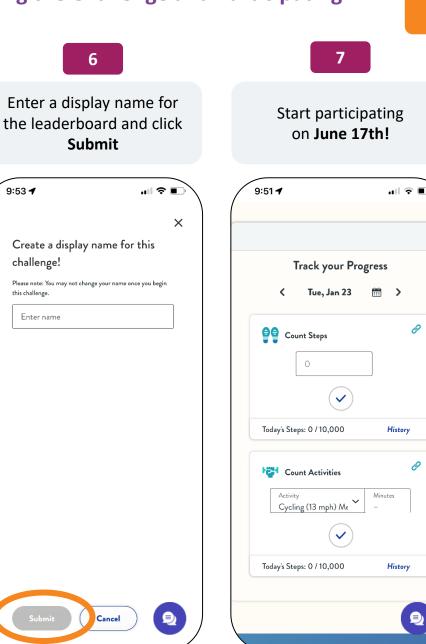
Cancel

9:53 🖌

challenge!

this challenge.

Enter name



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#### Strive to reach 210,000 steps total steps in this 4-week challenge!

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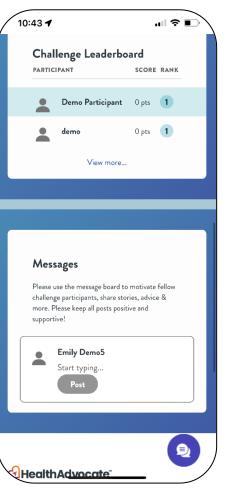
Click on the calendar to track any dates you missed during the challenge



See your progress in the Leaderboard and post in the Message Board to

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keep everyone motivated!



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What to track:

You can manually log your

steps in the Count Steps

tracker, pair a fitness

device that will sync to

Count Activities or select

from the activities on the

Count Activities tracker to

convert activities to steps;

such as cycling, strength

training, yoga and more.

The challenge will end July

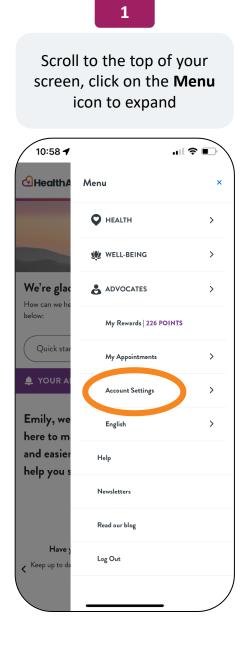
14<sup>th</sup> at midnight. Be sure

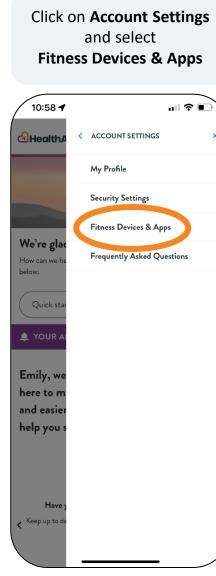
to log your final data

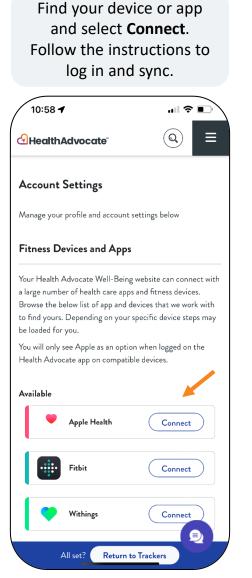
before July 16<sup>th</sup>!

### Sync your Fitness Device or App to easily participate in the challenge!

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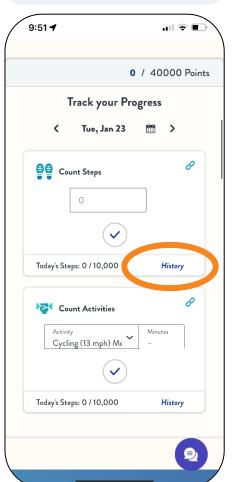




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Once connected and synced, return to the challenge to find your tracker **history** 



# Data coming from your

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device or app will show with its name

Physical Activity History								
	< Thu, Oc	Thu, Oct 19		>				
DATE	ΑCTIVITY	мінц	JTES	STEPS				
0/19/23	fitbit	21		2656	Ŵ			
0/18/23	fitbit	28		3519	Ŵ			
0/17/23	fitbit	55		6876	Û			
0/16/23	fitbit	81		10168	Û			
0/14/23	Apple Health	30		4818	Ŵ			
0/13/23	Apple Health	31		3845	Ŵ			
0/12/23	Apple Health	17		2090	Ŵ			
Past 7 days f	rom selected calendar d	ate						

Apple Health can only be connected from the Mobile App and will not show on Desktop view.

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