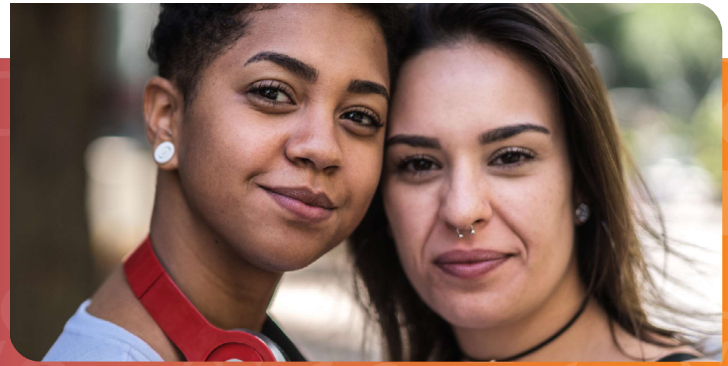














We support the healthcare needs of all our members



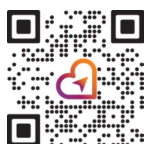
Healthcare, insurance and improving your well-being can be confusing for anyone. With Health Advocate, know that you have a team of knowledgeable and compassionate experts that will support you every step of the way on your journey to good health.

Our advocates can:

-  **Locate doctors** and facilities matched to your preferences and needs
-  **Answer questions** about your unique health needs
-  **Schedule appointments**, transfer medical records
-  **Clarify your coverage** including deductibles, co-pays and coinsurance
-  **Coordinate care** to ensure your needs are understood
-  **Review your medical bills** to make sure that they are correct
-  Provide support for a wide range of **emotional issues**
-  Help you **build coping skills** to manage life's challenges
-  Locate **community resources** and support services, including eldercare
-  Provide **tips to help communicate** and educate family members
-  Offer **practical work/life strategies** to help you find balance
-  Connect you to **legal and financial services**

| We're here when you need us most

Health Advocate is committed to embracing diversity, equity and inclusion as we provide personalized support to improve your health and well-being. **Connect with us today.**



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answers@HealthAdvocate.com

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