

2025 Wellness Program Participants

(March 1 – August 31, 2025)

1. If you and/or your spouse earned 150 - 449 wellness points, you will receive a \$150 wellness bonus in your December 5, 2025, paycheck (*subject to income taxes and 401(k) contributions*).
2. If you and/or your spouse earned at least 450 wellness points, Congratulations!

Remember, 450 wellness points = \$450

- If both you and your spouse each earned your own 450 points, that's **\$900!**

You are required to choose your reward option while you are actively enrolling in your 2026 plan year benefits. After you select your desired medical plan, you will see the below image on the next page. The second question, choose one of the two options available.

By choosing the "December 2025 Paycheck bonus", the amount will be paid to you and is subject to income taxes which will be reflected on your December 5, 2025, paycheck.

- If you select the "2026 Medical premium discount" option, it is **not** taxed, and you will see the discount after you click "continue".
- If you do not log-in to the Online Benefits Center to enroll or opt-out of your 2026 benefits, your wellness incentive will then automatically be paid out to you on your December 5, 2025 paycheck as a wellness bonus.

Medical



Additional Information

Questions for Jane Saint-Pol

TobaccoSurcharge_OddYear_Text *

No

Please select one

2025 Medical premium discount - NOT TAXED

December 2024 Paycheck bonus - TAXED

December 2024 Paycheck bonus - TAXED